



Interim results of a multicenter observational study of clinical profiles among patients with non small cell lung cancer treated with first line platinum based chemotherapy (SAPPHIRE study)

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【Abstract】

Background

Although second-line chemotherapy comprises the standard of care for non small cell lung cancer (NSCLC), not every patient can receive it. How many and why patients miss the opportunity of second-line chemotherapy have not been fully investigated. This prospective, observational study is aimed at elucidating the clinical features and subsequent courses of patients with NSCLC after receiving platinum-based first-line chemotherapy.

Methods

Patients with advanced NSCLC undergoing first-line, platinum-based chemotherapy between April 2010 and September 2011 at 30 institutions in Japan were consecutively enrolled to the study. IRB approval or waiver was granted from each participating institution. Baseline characteristics, regimens and responses to first-line therapy, whether or not they received second-line chemotherapy, and if not, reasons for non-administration were recorded. This report describes from patients with at least six months of follow up. This study was supported by the Public Health Research Center Foundation CSPOR.

Results

A total of 866 patients were registered. Female, 27.5%; median age, 65 (range: 24 - 80); 91.6% were at ECOG PS 0 or 1; 69.6% had adenocarcinoma, 20.1% had squamous cell carcinoma; 20.1% had never smoked and 10.2% were positive for the EGFR mutation. Among the 592 patients who were followed up for at least six months, 193 were excluded from the analysis of second-line chemotherapy due to disease progression during the course of first-line chemotherapy (n = 129), continuation of the first-line chemotherapy (n = 20) and other reasons (n = 44). Among the remaining 399 patients, 135 (33.8%) did not receive second-line chemotherapy because the disease had not progressed (31.1%), PS had declined (40.7%), patient refusal (14.8%) and all-cause death (3.7%).

Conclusions

Preliminary results of this large observational study suggested that around 20% of patients missed an opportunity to receive appropriate second-line chemotherapy during follow up after effective first-line therapy. Further study is needed to validate this finding and design an action plan to ensure that patients receive second-line therapy where appropriate.

【Background】

- Second-line chemotherapy comprises the standard of care for non-small-cell lung cancer (NSCLC)¹⁻³.
- However, not all patients could receive appropriate 2nd-line chemotherapy.
- Recent studies demonstrated that maintenance chemotherapy prolongs survival in patients with NSCLC⁴⁻⁷.
- Subgroup of patients who are benefited by maintenance chemotherapy is still to be determined.
- The proportion of patients who could not receive 2nd-line chemotherapy and the reason for undertreatment is not fully investigated.

【Objectives】

- To investigate the proportion of patients with NSCLC who received 2nd-line chemotherapy after platinum-based 1st-line chemotherapy.
- To elucidate the reasons and factors which hinder patients from receiving 2nd-line chemotherapy.

【Methods】

Study Design

- Cohort study

Primary Endpoint

- Proportion of patients who received 2nd-line chemotherapy after platinum-based 1st-line chemotherapy

Patient Inclusion

- Patients with advanced or recurrent NSCLC
- Platinum-based 1st-line chemotherapy between April 2010 and September 2011 from 30 institutions in Japan
- Platinum-naïve
- Without history of other malignancy

Data Collection

- Patient characteristics including age, gender, performance status (ECOG), smoking status, comorbidities (diabetes mellitus, cardiac disease, interstitial lung disease), body mass index, histological subtype, EGFR mutation, ALK translocation, CBC/chemistry at registration
- Details of 1st-, 2nd-, 3rd-line, and maintenance chemotherapy; including regimen, response
- Reason for administration or omitting 2nd-line chemotherapy
- Survival

【Result ①】

- Data cutoff at April 2012; updated from abstract submission
- Data of 866 patients were assessable for patient characteristics and details of 1st line treatment; 788 for response; 620 for maintenance chemotherapy; 547 for 2nd line chemotherapy; 479 for analysis of factors which hinders patients from receiving 2nd-line chemotherapy

Patient characteristics	Number of patients (N=866)	%
Age (median, years) (range)	65 (24 - 86)	
Gender male / female	628 / 238	72.5 / 27.5
PS (ECOG) 0 / 1 / 2 / 3-4	343 / 450 / 65 / 7	39.6 / 52.0 / 7.5 / 0.8
Comorbidities none / any	654 / 212	75.5 / 24.5
Histology		
adenocarcinoma	603	69.6
squamous cell carcinoma	174	20.1
large cell carcinoma	9	1.0
other	80	9.2
EGFR mutation (+)	88	10.2
exon21 L858R / exon19 del	42 / 36	4.8 / 4.2
EGFR mutation (-)	514	59.4
ALK translocation (+) / (-) / unknown	11 / 42 / 813	1.3 / 4.8 / 93.9
Smoking history		
never / former / current	174 / 435 / 252	20.1 / 50.2 / 29.1
Body mass index (median) (range)	22.1 (13-39.6)	

1st line Treatment delivery	Number of patients (N=866)	%
CDDP-based	332	38.3
CDDP+PEM / CDDP+PEM+BV	152 / 10	17.6 / 1.2
CDDP+GEM	51	5.9
CDDP+VNR	21	2.4
CDDP+DOC / CDDP+DOC+BV	47 / 20	5.4 / 2.3
CDDP+S-1	5	0.6
CBDCA-based	501	57.9
CBDCA+PEM / CBDCA+PEM+BV	125 / 28	14.4 / 3.2
CBDCA+GEM	30	3.5
CBDCA+PTX / CBDCA+PTX+BV	173 / 89	20.0 / 10.3
CBDCA+S-1	34	3.9
BV containing regimen	168	19.4

	Number of patients	%
Response to 1st line chemotherapy	788	100
CR / PR / SD / PD / NE	4 / 266 / 295 / 161 / 62	0.5 / 33.8 / 37.4 / 20.4 / 7.9
Maintenance therapy	620	100
none	429	69.2
PEM / PEM+BV	62 / 21	10.0 / 3.4
BV	67	10.8
Erlotinib	3	0.5
S-1 / S-1+BV	13 / 11	2.1 / 1.8
Other	12	1.9
2nd-line chemotherapy	547	100
none	179	32.7
DOC	149	27.2
PEM	69	12.6
Erlotinib / Gefitinib	27 / 16	4.9 / 2.9
S-1	18	3.3
other	89	16.3

【Result②】

- 179 patients did not receive 2nd-line chemotherapy at the time of data cutoff; the reasons were as follows: without disease progression, 50 (27.9%); declined PS, 75 (41.9%); patient refusal, 28 (15.6%); death of any cause, 6 (3.4%).

Factor	2nd line therapy (N=479)		Univariate P value*	
	No (n=125)	Yes (n=354)		
male	98 (78.4)	254 (71.8)	p = 0.1587	
female	27 (21.6)	100 (28.2)		
age	<65 ≥65	43 (34.4) 82 (65.6)	168 (47.5) 186 (52.5)	0.0120
PS	0 1 - 4	31 (24.8) 94 (75.2)	170 (48.0) 184 (52.0)	<0.0001
Smoking	never former /current	15 (12.0) 110 (88.0)	76 (21.5) 278 (78.5)	0.0237
Comorbidity※	none any	84 (67.2) 41 (32.8)	271 (76.6) 83 (23.4)	0.0440
BMI	<20 ≥20	46 (36.8) 79 (63.2)	87 (24.6) 267 (75.4)	0.0106
EGFR	mutation (+) mutation (-)	5 (3.9) 79 (61.2)	30 (8.2) 219 (59.5)	0.2598

*Fisher's test, ※DM, cardiac disease, ILD

Factor	Odds ratio	95% CI	Multivariate P value**
Age (≥65 vs <65)	0.648	0.416 - 1.011	0.0558
PS (1-4 vs 0)	0.395	0.247 - 0.631	0.0001
Smoking (ex/current vs never)	0.500	0.270 - 0.923	0.0268
Comorbidities (any vs no)	0.649	0.405 - 1.040	0.0722
BMI (≥20 vs <20)	1.565	0.989 - 2.477	0.0558

**Logistic regression model

【Summary and Conclusion】

- This is the largest cohort study exploring the proportion of patients with NSCLC and reasons for omitting 2nd-line chemotherapies.
- Maintenance therapy (either switch or continuation) was administered in approximately 30% of patients.
- Although data were immature, approximately 30% of patients did not receive appropriate 2nd-line chemotherapy.
- Declined PS was the most common reason for hindering 2nd-line chemotherapy.
- Advanced age, declined PS, smoking history, comorbidity, low BMI were correlated with hindrance to 2nd-line therapy in univariate analysis; however EGFR mutation was not significantly correlated.
- In multivariate analysis, declined PS and smoking history were associated with hindrance to 2nd-line chemotherapy.
- Further investigation to establish predictive model is currently underway.